

**Kick-Off**  
**Cycle 1B - Hidden Potential**

Judy Bender  
Kent Holden  
Stacey DenBraven

Objective: To promote adolescent self-awareness and aid in each student's search for identity by having them explore their hidden potential. This activity will help students to consider their interests and their strengths while considering future possibilities that they may explore.

**Business Card 2030**

It is difficult to know what the future holds for us, but to some extent we can direct our futures. We can explore individual interests, practice skills, and set goals.

**Task**

Look into the future. Picture what you would like to be doing. Design your business card for the year 2030. In addition to your name it may include a graphic, your official title, or some indication of the service you provide.

**Materials**

The back of a 3x5 card  
pencils, markers

You may share ideas, but make sure your card fits your skills and interests. I will collect the cards in 30 minutes. If you finish early, you may quietly share your thoughts with someone else who is done.

Following the Kick-Off activity, teachers will introduce the Hidden Potential cycle and corresponding packet.