



Packing List for Land Laboratory

Pack items in one duffel or soft bag only

- | | |
|--|--------------------|
| ___(3) shirts/blouses | ___(2) shorts |
| ___(2) long pants | ___(2) pair socks |
| ___extra pair shoes | ___undergarments |
| ___sweatshirt /jacket or coat(It's cold!) | ___pillow |
| ___sleeping bag w/optional twin sheet | ___sunvisor/hat |
| ___umbrella/poncho | ___sunscreen |
| ___warm hat (optional) | ___reading book |
| ___flashlight and batteries | ___journal/pencils |
| ___medicine (labeled in plastic bag | ___water bottle |
| With name & directions) | |
| ___7 Habits Book w/notebook & pencil (Year A only) | |

Toiletries

- ___toothbrush
- ___comb/hairbrush
- ___soap and container
- ___washcloth
- ___sunscreen
- ___towel

Extra Necessities

- ___a snack for the ride there
 - ___\$5-\$10 for lunch on the way home at Anthem
- *No candy, gum or inappropriate snacks allowed