



## FACT! OR CAP?

Fact or Cap is a getting to know you game. Each round, a new player pulls a card from the deck, filling in the blank with a word or words of their choice.

Everyone else has to decide if their statement is “FACT” (true) or a “CAP”(false).

It is a great way for players to informally learn some interesting truths about each other’s identities, even when they may think they already know everything

I LISTEN TO THE SONG  
\_\_\_\_\_ ON REPEAT.

THE WORST THING I  
EVER ATE WAS \_\_\_\_\_.

I COLLECT \_\_\_\_\_.

MY FAVORITE AVENGER IS  
\_\_\_\_\_.

\_\_\_\_\_ IS MY  
FAVORITE COLOR.

I COULD EAT ONLY \_\_\_\_\_  
FOR THE REST OF MY LIFE.

I ONCE SPENT \_\_\_\_\_  
DOLLARS ON AMAZON.

I WANT TO LIVE  
IN A HOUSE MADE OF  
\_\_\_\_\_.

ONE TIME, I STAYED UP FOR  
\_\_\_\_\_ HOURS STRAIGHT.

I ONCE DRESSED UP AS  
\_\_\_\_\_ FOR HALLOWEEN.

MY LEAST FAVORITE  
CHORE IS \_\_\_\_\_.

THE BIGGEST MISTAKE I  
EVER MADE WAS \_\_\_\_\_.

I ONCE WON A \_\_\_\_\_  
COMPETITION.

THE BEST THING THAT'S  
HAPPENED IN MY LIFE WAS  
\_\_\_\_\_.

IF I COULD HAVE A SUPER  
POWER, IT WOULD BE  
\_\_\_\_\_.

I SPEND A LOT OF TIME  
DOING \_\_\_\_\_.

IF I HAD A MILLION  
DOLLARS I WOULD \_\_\_\_\_.

I'VE ALWAYS WANTED  
TO MOVE TO \_\_\_\_\_.

<p>I CAN HOLD MY BREATH FOR _____.</p>	<p>WHEN I WAS YOUNGER I ALWAYS WANTED TO BE A _____ WHEN I GREW UP.</p>
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### Awareness of Process

- Why do you think we did this activity?
- Did any of the answers surprise you? How so?
- What made you think a statement was FACT or CAP?
- What did you find easiest about this activity? Hardest?
- Did you ever feel nervous about answering honestly at any point? Why?
- What other statements would you add?
- How do you feel after this activity? Empowered? Skeptical? Disheartened? Excited?